Every cancer survivor must have a written survivorship care plan

Debate
Conflict of interest disclosure
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• No potential COI
Teenage and young adult aftercare pathway
Level 1 and 2 supported self management and planned coordinated care pathways
What young people have said.....

It would be good to have something you can take with you when you move.

Knowing what to expect takes out some of the worry.

Being appropriately informed could...promote the opportunity for choice and control in a situation where there has been very little.
More words from young people

“I think so, I think you need to start, it’s almost like taking responsibility for yourself isn’t it? But I mean you could have that link to like your treatment or like the signposts, like if you are giving them information, you can have that, I think, which is more like a guide and then it leads to your self management.”

To save me explaining to doctors my medical history
And more........

“You can’t self manage if you don’t understand, so ... “

Before you start your treatment they ask how you’ve been and after like the third time you get tired of saying it... they could just bring it up on the computer and they know what you’ve been like and they could just check if they needed to check particular things, you wouldn’t have to keep going over and over it.

They’ll (doctors and nurses) be able to know exactly what is happening.
And more……

If you’ve had cancer when you’ve been a child, if you see a different doctor that’s not one you regularly see, and they ask you a question, you don’t know what chemos or dosage you had, so then it’s like, ‘Erm Mum! To save me explaining to doctors my medical history
So my argument……..

• Young people are asking for some kind of written plan
• We raise expectations by asking what might help them, then we are in danger of not delivering on their request
• Resources are already available, we are not at first base on this component of care